

Meet and Greet January Tuesday 8th at 10am until 11am

January Tuesday 15th & 22nd at 10am until 1pm

## MIND MAPPING

For adults aged 19+ who have few or no qualifications

## MIND MAPPING

is one of the best ways to capture your thoughts and bring them to life in visual form.

## MIND MAPPING

Can help you become more creative, remember more, and solve problems more effectively

## MIND MAPPING

is particularly useful for dyslexics because:

It uses colour,

shape, size and images

instead of plain text